



# Treating Common Musculoskeletal Conditions with Osteopathic Manipulation, Meridian Therapy, Dry Needling and Manual Muscle Testing

Presenters: Jay Sandweiss, DO, FAAMA & Joseph Audette, MD, MA

## WORKSHOP DESCRIPTION

This workshop will offer participants an opportunity to learn applied kinesiology and osteopathic muscle testing strategies for common musculoskeletal conditions in order to identify neuro-muscular inhibition patterns. Participants will learn to integrate basic osteopathic manual methods with acupuncture techniques such as dry needling and meridian therapies to resolve the condition and restore muscle and joint function instantly. These methods are part of a series of acupuncture techniques that produce rapid effects. Drs. Audette and Sandweiss will present a highly effective approach for diagnosing and treating common problems such as: tennis and golfer elbow, rotator cuff syndrome, carpal tunnel syndrome, knee pain, ankle sprains and neck and back pain issues throughout the spinal regions. Upon completion of this workshop attendees will have new tools for quickly assessing and treating musculoskeletal conditions throughout the body.

## LEARNING OBJECTIVES

At the end of this workshop, participations will be able to

- Test for neuromuscular inhibition patterns
- Apply the principles of dry needling and osteopathic techniques for relieving pain and restoring strength to several common musculoskeletal complaints
- Integrate meridian therapy with dry needling and osteopathic manipulation.



## ACCREDITATION

American Academy of Medical Acupuncture is accredited by the ACCME to provide continuing medical education for physicians.

American Academy of Medical Acupuncture designates this live educational activity for maximum of 13 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## WORKSHOP SCHEDULE AND LOCATION

**October 24-25, 2020**  
 Saturday 8:30 am - 5:00 pm  
 Sunday 8:00 am – 4:00 pm

**Sheraton Suites Chicago O'Hare**  
 6501 Mannheim Rd  
 Rosemont, IL 60018  
 Phone: 1.888.236.2427

There will be a 15 minute break each morning and afternoon along with a lunch break. Continental breakfast and refreshments will be provided. Participants are on their own for lunch.

Online reservation link available  
[www.medicalacupuncture.org](http://www.medicalacupuncture.org)

Room Rate: \$129 single/double + taxes per night  
 (Available until Oct 2 OR when block sells out)

**Jay Sandweiss, DO, FAAMA**



Dr. Sandweiss has presented lectures and workshops for the AAMA numerous times over the past 25 years. His presentations are always appreciated for their valuable course content and the humorous and playful way in which he generously shares his knowledge and materials. Attendees will acquire useful new skills for addressing common patient complaints such as: tennis elbow, carpal tunnel syndrome, foot and ankle pain, shoulder pain, cervical and low back pain, just to name a few.

**Joseph Audette, MD, MA**



Assistant Professor, Harvard Medical School and Chief of Pain Management at Atrius Health and Harvard Vanguard. He attended the Tristate Institute of Traditional Chinese Medicine in New York and is a recognized authority in point verification methods of acupuncture, Kiiko style of acupuncture, and dry needling techniques for the treatment of pain.

Complete the attached form and mail it to the American Academy of Medical Acupuncture's office at AAMA, 2512 Artesia Blvd, Ste 200, Redondo Beach, CA 90278 or fax to 310-379-8283. You can also register and pay online: [www.medicalacupuncture.org](http://www.medicalacupuncture.org)

## REGISTRATION FORM AAMA EDUCATION WORKSHOPS

NAME	AAMA MEMBER ID #	
ADDRESS	CITY / STATE / ZIP	
PHONE	FAX	EMAIL
Register me for the following Treating Common Musculoskeletal Conditions workshop – October 24-25, 2020		
<b>FEES DUE (per person)*</b>		
<input type="checkbox"/> Full and Military members	By 9-25-20 \$695	After 9-25-20 \$745
<input type="checkbox"/> Affiliate and Student members	\$745	\$795
<input type="checkbox"/> Non-members	\$825	\$875
TOTAL ENCLOSED \$ _____		
All registrations must be prepaid. Provide full information for credit card charges <input type="checkbox"/> Check Enclosed Charge the course fee(s) to my: <input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> AMEX		
CARD NUMBER	EXPIRATION DATE	SECURITY
PRINT NAME AS IT APPEARS ON CARD	PHONE	
BILLING ADDRESS	CITY / STATE / ZIP	
AUTHORIZING SIGNATURE		

\* Cancellation Policy: Written cancellations received more than 2 weeks prior to the event will be assessed a \$50 cancellation fee. Written cancellations received less than 2 weeks prior to the scheduled event will be assessed a \$150 cancellation fee.

Use this form OR register online at [www.medicalacupuncture.org](http://www.medicalacupuncture.org)