

Symposium right around the corner

Visit AAMA website to learn topics, register for Baltimore

Make plans now to learn from informative guest speakers and Faculty members, as well as network with your peers, at AAMA's 19th Annual Symposium, Modern Approaches to an Ancient Tradition, in April in Baltimore, MD.

Led by Chair Robert Gross, MD, DABMA, the Symposium will be held on April 27-29 at Baltimore Marriott Waterfront, 700 Aliceanna St. in Baltimore, MD. The Review Course will be offered on April 24-25, followed by Pre-Symposium workshops on April 26 and the Board Certification Examination on April 29.

To reserve a room, call the hotel at 800/228-9290 or 410/385-3000 and ask for the AAMA group rate of \$199/night (single/double). Reservations can also be made online by going to www.medicalacupuncture.org, click on 2007 Annual Symposium and then click on the Baltimore Marriott Waterfront link.

Speakers

International Faculty members include **Stephen K.H. Aung, MD** of Canada; **Benno Brinkhaus, MD** of Germany; **Klaus-Dieter Platsch, MD** of Germany; **Kwang-Sup Soh, PhD** of Korea, and **Toshikatsu Yamamoto, MD, PhD** of Japan. This Faculty from many countries continues the precedent set at last year's ICMART Congress, held in conjunction with the AAMA Symposium.

Faculty members from America are **Michael W. Coomes, MD, FAAMA**; **Nigel Dawes, MA, LAc**; **Robert Gross, MD, DABMA**; **Neil R. Gumenick, DIPL. Ac, LAc**; **Leon Hammer, MD**; **Joseph M. Helms, MD, FAAMA**; **Sanghoon Lee, PhD, LAc**; **Jeffrey S. Meyers, MD**; **Vitaly Napadow, PhD**; **Jay Sandweiss, DO, FAAMA**; and **Stephen M. Taylor, DO**.

Pre-Symposium

Four Pre-Symposium workshops will be offered April 26, each offering 7.5 hours of CME in Category 1 of the Physician's Recognition Award of the American Medical Association:

Workshop I - Dr. Toshikatsu Yamamoto - "Yamamoto New Scalp Acupuncture (YNSA)"

Workshop II - Dr. Stephen M. Taylor - "Review of the Basics of the Craig PENS Technique"

Workshop III - Dr. Stephen Aung - "Acupuncture and Pain Control in Cancer Patients"

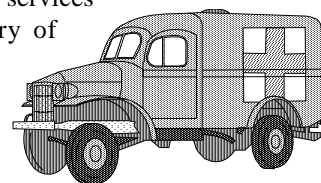


Baltimore's Inner Harbor — full of shops and interesting places for Academy members to explore while at the Symposium.

AAMA creates special military membership category

In recognition of the growing numbers of physicians trained in acupuncture on temporary and permanent military status, the AAMA Board of Directors has created a special membership category.

This action is meant to reflect the income levels of Active Duty Personnel while serving in the military, while continuing their access to Academy services and resources. This category of membership is offered to provide discounted Practice level membership for Active Duty Military personnel with at least 200 hours of formal training.



Physicians who are currently serving on Active Duty with the US military and who meet the requirements set forth for Associate or Full Membership, or for Fellowship, as outlined above, are eligible for this category of membership. Those who serve as Active Duty Military personnel who do not yet meet the requirements for a Practice membership category may select Affiliate membership.

Contact AAMA headquarters (323/937-5514) with any questions.

See SYMPOSIUM on page 2

President excited about Symposium plans

Put on Your Dancing Shoes

By Michael W. Coomes, MD, FAAMA
President, AAMA

April is fast approaching, and for those of us who are tired of shoveling out from blizzards, it is none too soon! This year, the 19th annual AAMA Symposium entitled, Modern Approaches to an Ancient Tradition, will be held in Baltimore April 26-29.

Looking at the list of outstanding faculty members, this year's Symposium promises to be one of our best. Chair Robert Gross, MD, DABMA; Tom Burgoon, MD, DABMA, and Symposium Committee members have been working diligently to bring together many of the world's foremost teachers and researchers in medical acupuncture.

New Feature

Always informative and entertaining, Joseph M. Helms, MD, FAAMA, will give the inaugural presentation of the annual Founders Lecture, as well as an afternoon workshop. In addition, we will hear from Leon Hammer, MD; Stephen KH Aung, MD; Toshikatsu Yamamoto, MD, PhD; Stephen M. Taylor, DO; Jay Sandweiss, DO, FAAMA, and many other leaders in their fields listed in the accompanying article in this issue, as well as posted online at www.medicalacupuncture.org.



This year's venue will be the Baltimore Marriott Waterfront set on Baltimore's beautiful Inner Harbor. We will be within walking distance of major attractions, such as the USS Constellation and the National Aquarium. The Symposium Committee has put particular emphasis on the important social and networking facets of our annual meeting. Be sure to join the Saturday night dinner cruise for a celebration of member achievements..

Represented at the Symposium, our state Chapters are the life blood of the Academy, providing education and camaraderie at the grass-roots level. Check out the Chapter News column on page 5 and then make a point to get involved with your state's group. And if your state doesn't have an AAMA Chapter, please consider forming one. The Academy needs the help of members.

Saturday night, our recognition dinner will be followed by dancing. Although it's a little bit late, I signed up for dance lessons last week. It can't hurt! The annual AAMA Symposium is our best time for not only networking and sharing knowledge, but also for just having fun.

If you haven't registered yet, please do so today online at www.medicalacupuncture.org or by returning the registration form we mailed to you in the brochure. I hope to see you all in Baltimore, MD!



SYMPOSIUM continued from page 1

Workshop IV – Dr. Klaus-Dieter Platsch - "Five Phases (TCM) Connection of Body, Mind and Spirit"

Sessions

The Symposium will meet the expressed need of physician acupuncturists to examine the mechanisms of acupuncture from several different perspectives and for more information on scientific studies and research findings regarding acupuncture. This meeting will address topics suggested by practitioners and stresses the different acupuncture approaches to dealing with every day practical clinical problems, with an emphasis on the latest research and scientific evidence for those approaches.

Physicians have expressed the desire for exposure to alternative approaches to common clinical challenges. The different disciplines of acupuncture that will be reviewed include Neuro-Anatomic, Energetics and Traditional Chinese Medicine. The Faculty will look at the different ways of treating the same clinical problems using these different disciplines, thus giving physicians not only a choice for treatment but also the sophistication of combining two or more disciplines to strengthen the efficacy of their treatment.

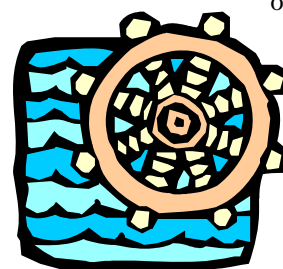
Highlights

• Joseph Helms, MD, FAAMA, will present the Inaugural Lecture in the Joseph Helms Founder's Lecture Series

• Special Workshop for Diplomats of the ABMA - "Helms Goes Curious"

- The Latest in European Acupuncture Research
- Leon Hammer, MD, on Psychology and Chinese Medicine
- Root Treatment in Japanese Meridian Therapy

In addition, there will be an opportunity to socialize with a special cocktails and Dinner Cruise through the inner Baltimore Harbor on Saturday evening. While dining and enjoying the company of colleagues from around the world, members will cruise past Baltimore's skyline and some of its most famous landmarks.



There will also be exhibits of products and services related to medical acupuncture, a poster presentation and research paper competition.

The Academy has designated the Symposium for up to 22 hours of CME in Category 1 of the Physician's Recognition Award of the American Medical Association.

More details and registration on the Symposium are available on the AAMA Web site. Go to www.medicalacupuncture.org and click on "Register now" for the 2007 Annual Symposium. Additionally, a brochure outlining sessions and a registration form has been mailed to Academy members.

Survey looks at alternative medicine use

Acupuncture on seniors, children

Results of surveys looking at the use of complementary and alternative medicine on seniors and children were recently released, showing an increasing use of CAM in both age categories.

CAM in Seniors

Do Americans age 50 or older discuss complementary and alternative medicine (CAM) with their physicians? More than two-thirds do not, according to the survey.

The telephone survey of more than 1,500 participants, which the American Association of Retired Persons conducted in collaboration with the National Center for Complementary and Alternative Medicine, provides a look at the participants' discussion of CAM use with their physicians. It also yields information about their use of CAM and over-the-counter and prescription drugs.

Previous surveys have looked at CAM use by American adults of all ages or at CAM use for specific diseases and conditions. However, this survey focused on Americans age 50 or older and their dialogue with their physicians about CAM use.

"These results confirm previous research that people 50 or older are frequent users of CAM," said Margaret A. Chesney, PhD, deputy director of NCCAM "However, most people in our survey were not talking to their doctors about their CAM use. Each of us, no matter what our age, is the leader of our own health care team. As such, we need to share with all our health care providers all the approaches—CAM and conventional—we are taking to manage our health. This helps ensure that medical care is well managed."

CAM in Children

Can CAM be helpful to children, and are they safe? How many children are using CAM? There has not yet been a large, nationally representative survey on this topic that covers the full range of CAM therapies. There have been more limited surveys. They support the fact that many young people are using CAM, with some groups having a particularly high rate of use — such as young people who have certain diseases and conditions.

Adolescents have a high rate of using CAM. In a national, generally representative survey of about 1,300 young people 14 to 19 years old, 80% had used CAM at least once in their lifetime and 50% within the past month.

As has been reported in adults, CAM therapies from all domains and whole medical systems are used in children, including acupuncture, herbs, massage, chiropractic, naturopathy, special diets, biofeedback, hypnosis, homeopathy and others.

Similar to seniors, children and their parents often do not tell their pediatrician or other health care provider that a child is receiving CAM. Many adolescents, for example, are reluctant to have this discussion because they believe a provider doesn't know about CAM, is not interested in it or would not approve, or there are confidentiality concerns.

For details on seniors, visit http://nccam.nih.gov/news/newsletter/2007_winter/olderamericans.htm. For details on youth, visit http://nccam.nih.gov/news/newsletter/2007_winter/youngpeople.htm



American Academy of Medical Acupuncture

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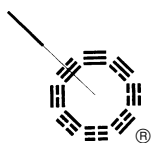
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Toll-free patient referral number: 800/521-2262

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First Classical Five Element training established in Midwest

Thomas C. Small, MD, DABMA, and Diane McCormick, MD, DABMA, have established, The Great Lakes Institute for Training in Classical Five Element Acupuncture, and are accepting applicants for a class beginning in August.

This is the first program for training in Classical Five Element Acupuncture established in the Midwest. While geared toward accommodating a busy physician's lifestyle, the 12-month program encompasses the didactic instruction and clinical experience necessary for the competence and confidence to incorporate "Worsley" style acupuncture into practices.

During eight months, 250 hours of instruction will take place that include theoretical constructs, patient rapport, diagnosis of Causative Factor through color, sound, odor and emotion, point location and treatment planning. An additional 200 hours of clinical experience can be completed at the applicant's own pace. No prior education in acupuncture is necessary.

For further information, contact Dr. McCormick (419/885-5929, dimcc@buckeye-express.com, 6011 Renaissance Place, Toledo, OH 43623).

Member News

Hiroshi Nakazawa, MD, AAMA president-elect, was asked by one of the largest medical publishers in Japan to contribute by writing a chapter of the book, "Diagnosis and Treatment for Patients with Psychosomatic Diseases." His chapter is titled, "Medical Acupuncture and Psychosomatic Disorder." It will be released this summer.

After treating patients at her local hospital for the past year under temporary privileges, **Anna C. Kelly, MD**, now has permanent staff privileges at the local pediatric hospital, Children's Healthcare of Atlanta, Scottish Rite campus. They are part of the Department of Medicine's Pain Management team. Currently president of the AAMA Georgia Chapter, Dr. Kelly believes they are Georgia's first hospital acupuncture practice.

The **19th Annual AAMA Symposium** will be held on April 27-29, 2007 at Baltimore Marriott Waterfront, 700 Aliceanna St. in Baltimore, MD. The Review Course will be offered on April 24-25, 2007, followed by Pre-Symposium workshops on April 26, 2007 and the Board Certification Exam on April 29, 2007. To reserve a room, call the hotel at 800/228-9290 or 410/385-3000. Reservations can also be made online by going to www.medicalacupuncture.org, click on 2007 Annual Symposium and then click on the Baltimore Marriott Waterfront link.

Preserve the 18th Annual AAMA Pre-Symposium and Symposium 2006 and all that vital information. Listen once again to a motivating, informative address or hear for the first time a compelling session that you may have missed. The CD-ROMs are complete with session audio, video (where noted) and fully synchronized PowerPoints as submitted by presenters for inclusion. They are a great training tool and informational source for those who could not attend. Buy yours by clicking on the CD-ROMs link at www.medicalacupuncture.org or call AAMA (323/937-5514).

Robert A. Schulman, MD, FAAMA, recently published the book, "Solve it with Supplements." Sold at Amazon, Barnes and Nobles and other bookstores, this reference piece teaches how herbs and supplements can enhance health.

On Christmas Day, long-time Executive Secretary Ruth Pataky of the **Acupuncture Society of Michigan** fell and broke both legs. Her recovery is going well; however, since she has been quite busy with rehabilitation, membership renewal notices have not yet gone out. Members may send \$75 renewal fee, mailing address and e-mail address, to Acupuncture Society of Michigan, 136 S. Pontiac Trail, Walled Lake, MI 48390. Additionally, ASM postponed its spring meeting to the fall. Due to the success of the last meeting featuring Edward S. Garbacz, MD, FAAMA, he will be returning for more indepth explorations of medical acupuncture topics.

The winter edition of Complementary and Alternative Medicine at the National Institutes of Health (CAM at the NIH) is now available on National Center for Complementary and Alternative Medicine's website: http://nccam.nih.gov/news/newsletter/2007_winter.

Jay Sandweiss, DO, FAAMA, will be instructing at Muscle Energy Technique for the Upper and Lower Extremities, sponsored by the Mitchell Institute for Advanced Manual Therapy Studies, April 21-22 at the University of Michigan in Ann Arbor, MI, and at Muscle

Energy Technique: Evaluation and Treatment of Thoracic Spine and Ribs, sponsored by Brentwood Center of Excellence, May 19-20 at South Pointe Hospital in Warrensville Heights, OH. For details, contact Dr. Sandweiss (734/995-1880).

After becoming Board Certified and receiving her Fellowship with AAMA, **Elizabeth Chen Christenson, MD, FAAMA**, moved to Hawaii. There she completed all academic requirements at the Institute of Clinical Acupuncture and Oriental Medicine (ICAOM) and recently passed the National Acupuncture and Oriental Medical Board Examination to receive her Hawaii Acupuncture and Oriental Medical license. With duo degrees and board certifications in Western and Eastern medicine and duo professorship at the Medical School at the University of Hawaii and ICAOM, she will now be bridging the best of the East and West medicine in the 21st Century. Dr. Christenson will be working with the Complementary and Alternative Medicine Department of the Medical School in Hawaii to change state law for physicians to learn and practice acupuncture there.

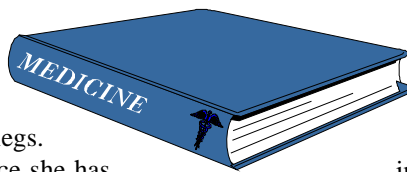
Members participating in AAMA's referral program will be happy to hear that there were 701 unique visits to the website referral page (www.medicalacupuncture.org and click on, Find an Acupuncturist Near You) in **November 2006**; 654 unique visits to the website referral page in **December 2007**, and 500 unique visits to the website referral page in **January 2007** from patients seeking medical acupuncturists in their area. The toll-free number that patients are calling is 800/521-2262. Members interested in participating in the Patient Referral Program should visit the physician listings on-line to verify that they are listed. The Academy staff needs explicit notice to include members in the program.

Nader Soliman, MD, FAAMA, and president of Alternative Medicine Seminars, announced that the number of seminars scheduled for 2007 has doubled. For seminars schedule, log onto the events calendar section of the AAMA website and www.AternativeMedicineSeminars.com.

Members can search the **Acubriefs** database at www.acubriefs.com for references, special research programs and bibliographic assistance as a valuable resource to the acupuncture community. A free comprehensive Citation List — including 142 new references with 55 Randomized Controlled Trials (and Abstracts of RCTs) — can be found at www.acubriefs.com/newcitations.htm. The site also has 58 Citations from Chinese literature, with English Abstracts. Those are sent each month from their researcher in Beijing, who retrieves them from the National Library.

Drs. Angelica Fargas-Babjak and **Alejandro Elorriaga Claraco** will present, Contemporary Medical Acupuncture For Health Professionals - Spring 2007, Unit 3 (April 20-22) - Unit 4 (May 25-27) and Unit 5 (June 22-24) at McMaster University in Hamilton, Ontario, Canada, sponsored by the Department of Anesthesia. The College of Family Physicians of Canada and Royal College of Physicians and Surgeons of Canada have approved this offering for 126 Mainpro-M1 Credits CFPC. For more information, call 905/521-2100, x75175 or visit www.acupuncturecourses.com.

Please send news items and photos to bdortberg@aol.com.



Chapter News

Arizona

The Arizona Chapter is planning another weekend seminar with Anastacia White in May. Watch for more details soon.

Martha M. Grout, MD, MD(H), FAAMA, just published an article in "Explore for the Professional" entitled, "Dissipating Pharaoh's Curse: Thwarting the West Nile Virus."

Arizona Chapter meetings are held at 9 am on the second Saturday at Dr. Martha Grout's office at 9328 E. Raintree Drive, Scottsdale, AZ 85260. Call 480/240-2600 or e-mail drmartha@crossroadsclinic.net. There are monthly speakers on topics related to medical acupuncture, as well as Chinese and Functional/Integrative medicine. E-mail Rebecca Wilks, MD, at info@drwilks.com to get on the e-mail list.

Georgia

The Georgia Chapter had a seminar planning meeting in March to prepare for Lonny S. Jarrett speaking in October 2007 in Atlanta, GA. For more information, contact Chapter President Anna C. Kelly, MD, at annakellymd@hotmail.com or 404/255-8388.

Maryland

The Maryland Society of Medical Acupuncture offers educational programs and wants to increase participation. Treat yourself to a nice evening. It is free, and members whose dues are paid receive a nice free meal. The lecture is on the Chapter. Contact Dr. Niemtzw at n5ev@aol.com to join MSMA.

New York

The New York Chapter is seeking new members who are interested in leadership positions and willing to organize activities. This is a great opportunity to get involved locally with the Academy.

They need members' active involvement to continue to expand activities. For more information, contact Chapter President Bruce R. Gilbert, MD, PhD (bruce.gilbert@verizon.net, 516/487-2700).

Ohio

The Ohio Chapter's recent seminar, "Sanjaio Energetics — The Heart of Chinese Energetic Medicine," was inspirational, thought provoking and much enjoyed by attendees. Edward S. Garbacz, MD, FAAMA, broadened participants' knowledge of the fundamental concepts of the Sanjaio and helped them to translate that into their

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Drs. Elizabeth A. Woolford and Edward S. Garbacz at "Sanjaio Energetics -- The Heart of Chinese Energetic Medicine."



Members of the AAMA Ohio Chapter enjoy a workshop led by Edward S. Garbacz, MD, FAAMA.

Medical Acupuncture Research News

The following is a review of reported research results recently announced or released through Internet outlets:

- The abstract, “Sham Device v Inert Pill: Randomised Controlled Trial of Two Placebo Treatments,”

in the *British Medical Journal* (2006; 332:391-397, 18 February, doi:10.1136/bmj.38726.603310.55) shows a discernible placebo effect over time, pitting it against another placebo. Scientists tested whether a sham acupuncture device has a greater placebo effect than an inert pill. The study of 270 individuals with chronic arm pain had two phases. First, 135 patients were given sham acupuncture, and another 135 patients were given a placebo pill for two weeks. In the second phase, the same patients were randomized again, with half the patients entered in a sham acupuncture device versus real acupuncture trial, and the other half in a placebo pill vs. real pain pill trial. The acupuncture trial extended four more weeks (the length believed needed to see improvement), and the pill trial lasted six more weeks (the length needed to have the real drug in the bloodstream). In the second phase,

patients receiving sham acupuncture reported a more significant decrease in pain and symptom severity than those receiving placebo pills for the duration of the trials. Results show that the placebo effect varies by type of placebo used. This study takes the first step away from examining the placebo effect as a generalized phenomenon to one investigating how it varies in specific clinical environments. For details, go to www.bmj.com and type this abstract’s title into the Search box.

• The abstract, “Acupuncture for Low Back Pain: York Acupuncture for Back Pain Trial,” published by the University of York in London, England, concluded that acupuncture might be an effective treatment for lower back pain — though there is a lack of high-quality research trials. Thirty-nine general practitioners referred 241 patients for up to 10 acupuncture treatments provided by six local acupuncturists. Patients were randomised in a ratio of two-to-one to an acupuncture group or to a control group. Analysis of covariance, adjusting for baseline score, found an effect of 5.6 points on the SF-36 Pain dimension (95% CI -1.3 to 12.5, p=0.11) in favor of the acupuncture group at 12 months, and 8 points (95% CI 0.7 to 15.3, p=0.03) at 24 months. Acupuncture patients also reported a significantly greater reduction in worry about their back pain. In addition the acupuncture service was found to be cost-effective. Their next step is to conduct a six-year follow-up to establish whether clinical benefits found at two years in the acupuncture are maintained at six years. They will also collect resource

use data and evaluate the economic impact of offering acupuncture for low back pain in primary care. For details, go to www.york.ac.uk and type this abstract’s title in the Advanced Search box.

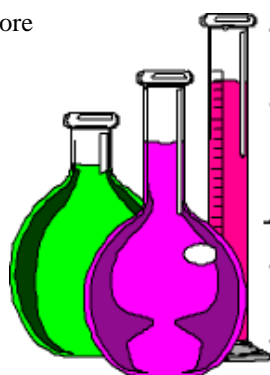
- The abstract, “Acupuncture for Depression: A Randomized Controlled Trial,” was published in the *Journal of Clinical Psychiatry* (Vol. 67, 2006, No. 11). 151 men and women with major depression underwent acupuncture at points that were not specific to depression treatment. They fared better than those treated at depression-specific points. The study randomized participants to depression-specific acupuncture, non-specific acupuncture, or a waiting period for eight weeks, after which all participants underwent the depression-specific treatment. After the initial phase of treatment, 22% of the patients in the depression-specific group showed a response, compared to 39% who underwent the nonspecific treatment and 17% of patients given no treatment. By the end of the study, about half of the patients had responded to the treatment. Researchers said while findings are not strong enough to recommend acupuncture as a first-line intervention, they suggest that acupuncture can be helpful for some people. For details, visit www.psychiatrist.com/toc.htm, click on Vol. 67 and then on 67:(11),1665–1824 (fee required).

• The abstract, “A Randomized Controlled Comparison of Electro-Acupoint Stimulation or Ondansetron Versus Placebo for the Prevention of Postoperative Nausea and Vomiting,” was published in *Anesthesia and Analgesia* (doi: 10.1213/01.ANE.0000130355.91214.9E), the journal of the International Anesthesia Research Society. Researchers at the Department of Anesthesiology at Duke University Medical Center in Durham, NC studied 75 women having major breast surgery such as breast augmentation, breast reduction or mastectomy. All needed general anesthesia to be rendered unconscious and immobile. This often causes nausea upon awakening. The 75 women were randomly divided into three groups: One group received acupuncture, another group was given an anti-nausea drug called ondansetron, and the third group received neither. Two hours after surgery, 77% of the patients given acupuncture had no nausea or vomiting, compared to 64% for those given the drug and 42% who received nothing. Electro-acupoint stimulation or ondansetron was found to be more effective than placebo for the prevention of postoperative nausea and vomiting, but it is more effective in controlling nausea. Stimulation at P6 has analgesic effects. For details, visit www.anesthesia-analgesia.org and type Electro-Acupoint Stimulation in the Keyword(s) box.

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Please send information you find on research involving the effectiveness of medical acupuncture to bdortberg@aol.com.



Research And Development

Doctor leads mission to Kenya

Bryan L. Frank, MD, FAAMA, led his first mission into Kenya in January, which was a great success. This mission will develop opportunities for village healthcare and acupuncture, and serve AIDS patients in the enormous slums of Kisumu, Kenya's second largest city.

Dr. Frank also has missions planned this year to provide medical and acupuncture care to the Quichua people of the Andes Mountains in Ecuador June 9-23; in Nepal and India Oct. 23-Nov. 6, and in Mexico Nov. 29 – Dec. 2. Many AAMA members have served on Global Mission Partner missions throughout the last eight years.

Contact Dr. Frank at BFrankMD@hotmail.com, www.GlobalMission.us or at 405/623-7667 for questions or applications to join him on a mission.



Dr. Bryan Frank helps the needy in Kenya.

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clinical practices.

This Chapter has now been in existence for two years, and Sandi Amoils, MD, has completed her term as president. She has been instrumental in getting the Chapter established in that region and is happy to pass the presidency on to Elizabeth A. Woolford, MD.

The Ohio Chapter will continue with quarterly Journal Club meetings and hosting seminars. These are excellent opportunities to

learn about dynamic changes in medical acupuncture, as well as to interact with like-minded colleagues and to improve acupuncture techniques.

They continue to encourage new member enrollment and involvement. They would enjoy having more AAMA members in the vicinity participating in their efforts to create a Chapter that's educational and collegial. So physicians who reside in that part of the country are encouraged to contact Dr. Woolford (woolfoEA@healthall.com) for details on meetings. They think new members will be inspired.

Oregon

The Oregon Chapter met in February in Portland for the first meeting in several years.

After introductions, members discussed the following agenda items:

1. Mission of the Oregon Academy of Medical Acupuncture (OAMA)
2. Review of Bylaws
3. Election of officers
4. Yearly dues
5. Meeting schedule

The two most important decisions made at the meeting were that there would be no annual dues at this time, and that Chapter meetings will be scheduled from 6-7:30 pm on the third Tuesday of every month. Members are planning to set up conference calling capability through either the phone system or the Internet.

In their discussions, members noted there are many physicians at Oregon Health and Science University who are practicing medical acupuncture. They also pointed out the large number of physicians who practice outside the Portland area. They are going to attempt to contact those physicians and bring them to the next Chapter meeting.

Given that the purpose of the OAMA is "to provide medical acupuncture educational opportunities," members hope to have case discussions at their next meeting.

Anyone interested in this Chapter is invited to contact President Gene Hong, MD, DABMA (gghong@aol.com).

Visit www.medicalacupuncture.org and click on Regional Chapters for an up-to-date listing of AAMA Chapter officers, their contact information and members. Think about joining a Chapter to learn more about medical acupuncture specific to your area. And if there's not a Chapter in your region, please consider forming one by contacting Chapter Liaison Dr. Bruce Gilbert (bruce.gilbert@verizon.net). Chapters provide fellowship, professional camaraderie, education and curbside consults.

Chapter representatives, please send your news and photos for the AAMA Newsletter via e-mail to bdortberg@aol.com.



Medical acupuncture-related events outlined

The following are conferences, sessions and other events (chronologically) related to medical acupuncture that were submitted to AAMA headquarters:

APRIL

The Introductory Weekend for Medical Acupuncture for Physicians, sponsored by Stanford School of Medicine and Helms Medical Institute, is offering a new Philadelphia, PA venue April 12-15. Clinical units follow Oct. 26-Nov. 4 and Nov. 30-Dec. 9, as well as home video study for 220 or 300 CME hours. Visit www.hmiacupuncture.com or call 510/649-8488 for details.

MAY

Be the Change in Healthcare will be sponsored by Rice, the Institute for Religion and Health, and Weill Medical College of Cornell University (Methodist Campus), May 1-3 at Rice University in Houston, TX. This conference will review the state of US and global healthcare, as well as explore sustainable and compassionate models of healthcare. For details, visit www.bethechangeusa.net or call 713/797-0600.

Chinese Scalp Acupuncture with Jason Jishun Hao, DOM, will be presented May 5-6 in Pittsburgh, PA and again May 19-20 in Tempe, AZ, sponsored by Helms Medical Institute.

This modern technique combines Chinese acupuncture needling with Western biomedical understanding of the anatomy, physiology and pathology of the cerebral cortex. HMI has designated this workshop for 20 AMA PRA Category 1 CME hours. For details, visit www.hmiacupuncture.com or call 510/649-8488.

Yamamoto's New Scalp Acupuncture will be held May 19-20, 2007 at Brigham and Women's Hospital, in Boston, MA. Unique diagnostic and treatment approaches developed by Toshikatsu Yamamoto, MD, PhD, of Japan will be discussed, demonstrated and practiced. Physicians attending will learn the theory and principles of YNSA, including YNSA basic and ypsilon points. The course has been accredited by Harvard Medical School Department of Continuing Education for 15 AMA PRA Category 1 CME credits. For details, contact Kathy Marino (781/391-7518, x240, kmarino@partners.org) or visit www.kiiko.com.

JUNE

The detailed program and registration are posted at www.icmart2007.com for the International Symposium of Medical Acupuncture and Related Techniques (ICMART), **Acupuncture: Art, Evidence and Challenges, and Third International Medical Congress on Acupuncture**. The event will be held June 1-3, 2007 at the Fira Palace Hotel in Barcelona, Spain. AAMA members are en-

couraged to participate and to present abstracts for oral or poster presentation.

AAMA is a collaborating organization helping with the **15th Annual Congress on Women's Health** June 2-5 at the Hilton Head Marriott Beach and Golf Resort on Hilton Head Island in South Carolina, sponsored by the Journal of Women's Health and the University of Florida. Richard Niemtow, MD, PhD, MPH, will present, "Medical Acupuncture for Pain Relief." The University of South Florida College of Medicine has approved this conference for 16.5 AMA PRA Category 1 CME hours.

The American Holistic Medical Association 30th Annual Conference, **Environmental Awareness and Health Care: Tools for Patients and the Planet**, will be held June 6-9, 2007 in Portland, OR. It will focus on practical, how-to information. Attendees will raise their consciousness about real threats to human/planetary health with respect to every day toxic activities on earth and walk away with tools to make a positive change. Learning tracks for the 2007 conference are: plenary sessions, topical breakouts, clinical breakouts and personal development.

In addition to expert advice about ways to lessen the impact on the environment, the conference will offer opportunities for collaboration, celebration, self-care, fun, personal development and fellowship. The American College for Advancement in Medicine (ACAM) has accredited this conference for 26 AMA PRA Category 1 CME credits. For details, visit www.holisticmedicine.org.

Classical Five-Element Acupuncture... Beginning the Journey will be held June 23-24, July 14-15 and July 28-29, 2007 in Los Angeles, CA, San Diego, CA, and Santa Barbara, CA with Prof. Neil R. Gumenick. Sponsored by the Institute of Classical Five-Element Acupuncture, Inc., this workshop will offer 15 credits from the California Acupuncture Board, NCCAOM. For details, call 310/453-2235, visit www.5elements.com or e-mail nrg@5elements.com.

visit www.holisticmedicine.org.

Classical Five-Element Acupuncture... Beginning the Journey will be held June 23-24, July 14-15 and July 28-29, 2007 in Los Angeles, CA, San Diego, CA, and Santa Barbara, CA with Prof. Neil R. Gumenick. Sponsored by the Institute of Classical Five-Element Acupuncture, Inc., this workshop will offer 15 credits from the California Acupuncture Board, NCCAOM. For details, call 310/453-2235, visit www.5elements.com or e-mail nrg@5elements.com.

SEPTEMBER

The Classical Five-Element Acupuncture Program begins Sept. 7-10, 2007 and then continues once monthly for nine months in Los Angeles with instructors Prof. Neil R. Gumenick, Eliot Ivanhoe, MD, and staff of the Institute of Classical Five-Element Acupuncture, Inc. The California Acupuncture Board has approved this activity for 462 credits. For details, call 310/453-2235, visit www.5elements.com or e-mail nrg@5elements.com.

The Sixth Annual Intensive Seminar on Botanical Medicine will be held Sept. 14-17, 2007 in Maryland. Topics will include: general concepts in botanical medicine, botanicals used in depression and anxiety, low dose herbs, disorders of the venous

See **EVENTS** on page 9

Conference set on NIH Consensus *Status and Future of Acupuncture Research 10 years later*

The 2007 Annual Conference of the Society for Acupuncture Research (SAR), the Status and Future of Acupuncture Research: 10 Years Post-NIH Consensus Conference, will be held at the University of Maryland at Baltimore, Nov. 8–11, 2007 in Baltimore, MD. This will be sponsored by SAR and the University of Maryland Center for Integrative Medicine.

In November 1997, a landmark report by a consensus panel convened by the National Institutes of Health (NIH) concluded that there is clear evidence of acupuncture efficacy for postoperative and chemotherapy related nausea and vomiting, for nausea of pregnancy, and for postoperative dental pain. The NIH panel also cited other conditions for which acupuncture might be effective as a stand alone or an adjunct therapy, but for which there is less convincing scientific data. These other conditions included drug addiction, stroke rehabilitation, headaches, menstrual cramps, tennis elbow, low back pain, carpal tunnel syndrome and asthma. This NIH consensus report has served as one of the most significant government statements that has contributed to increased acceptance of medical acupuncture and Oriental medicine by the biomedical

profession in the United States.

This 10th anniversary of the 1997 NIH Consensus Conference on Acupuncture will feature:

- Keynote presentations that will assess scientific progress in acupuncture research during the past decade and examine opportunities and challenges for future studies.
- International speakers who will deliver original presentations in three major areas: controlled clinical trials, basic science, and critical methodological issues.
- Panel discussions and poster sessions that will evaluate key topics in acupuncture and Oriental medicine.
- Pre-conference workshops that will focus on understanding the fundamentals of research in Oriental medicine for practitioners, educators, and students new to the research field.

For registration and further information, visit the SAR website at www.acupunctureresearch.org

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system, addiction, allergies and atopic dermatitis, HIV, women's and men's health issues, irritable bowel syndrome, food pharmaceuticals, nutritional and botanical treatments in the pediatric population, and cultivation of medicinal plants. Speakers will be Kathy Abascal, RH; James A. Duke, PhD; Sharon Montes, MD; Holly Shull, MS; Agatha Thrash, MD, and Eric Yarnell, RH, ND. For details, call 301/854-3951 or visit www.herbalseminars.com.

OCTOBER

The First International Fascia International Congress, "Basic Science and Implications for Conventional and Complementary Health Care," will be held Oct. 4-5, 2007 at the Conference Center, Harvard Medical School in Boston, MA, sponsored by the Fascia Research Congress Executive Committee. For details, call 973/676-1000, ext. 1556 or visit <http://www.fascia2007.com/index.htm>.

Building Bridges of Integration for Traditional Chinese Medi-

cine is being planned for Oct. 18-21, 2007 at the Westfields Marriott in Chantilly, VA, sponsored by the Traditional Chinese Medicine World Foundation. For more information, visit www.tcmconference.org or call 212/274-1079.

NOVEMBER

The Society for Acupuncture Research (SAR) will hold its annual conference, **The Status and Future of Acupuncture Research: Ten Years After the NIH Consensus Conference**, at the University of Maryland, Baltimore, Nov. 8-11, 2007. Visit www.acupunctureresearch.org (and article above) for details.

Members are reminded that the Academy's online calendar lists a variety of meetings, workshops and conferences (where CME and CEU credit can be earned) online at www.medicalacupuncture.org (click on Events Calendar). More details on each event can be obtained by visiting the website listed or contacting the sponsoring organization. Academy-sponsored events are noted with the logo.

Events Related to Medical Acupuncture

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| •April 24-25, 2007 | Medical Acupuncture Review Course
323/937-5514, www.medicalacupuncture.org | Baltimore Marriott (410/385-3000)
Sponsor: AAMA, 22 CME |
| •April 27-29, 2007 | 19th Annual AAMA Symposium (22 CME)
April 26—Pre-Symposium, 7.5 CME, www.medicalacupuncture.org | Baltimore Marriott (410/385-3000)
Sponsor: AAMA |
| •May 1-3, 2007 | Be the Change in Healthcare
713/797-0600, www.bethechangeusa.net , jduffy@tmh.tmc.edu | Houston, TX
Sponsor: Rice University |
| •May 5-6, 2007 | Chinese Scalp Acupuncture (also May 19-20 in Tempe, AZ)
Jason Jishun Hao, DOM, www.hmiacupuncture.com , 20 CME | Pittsburgh, PA
Sponsor: Helms Medical Institute |
| •May 11-13, 2007 | International Congress on Complementary Medicine Research
+49 (0)89-726 697 0, www.cmr-muc2007.de , info@cmr-muc2007.de | Munich, Germany
Sponsor: ISCMR |
| •May 19-20, 2007 | Auricular Medicine (14 NCCAOM CEU)
Nader Soliman, MD, www.alternativemedicineseminars.com | Rockville, MD
Sponsor: Alternative Med. Seminars |
| •May 19-20, 2007 | Muscle Energy Technique: Thoracic Spine and Ribs
Jay Sandweiss, DO, 734/995-1880, acuomtdr@aol.com | Warrensville Heights, OH
Sponsor: Brentwood Ctr of Excellence |
| •May 19-20, 2007 | Yamamoto New Scalp Acupuncture
Dr. Toshikatsu Yamamoto, 781/391-7518, x240, www.kiiko.com , 15 CME | Boston, MA
Sponsor: Harvard Medical School |
| •June 1-3, 2007 | ICMART 2007 & 3rd International Medical Congress on Acupuncture
+34 933238573, www.icmart2007.com , icmart2007@activacongresos.com | Barcelona, Spain
Sponsor: ICMART |
| •June 2-5, 2007 | 15th Annual Congress on Women's Health (16.5 CME)
800/5-BIOCON, www.bioconferences.com/wh , hmatysko@liebertpub.com | Hilton Head Marriott, South Carolina
Sponsor: University of South Florida |
| •June 6-9, 2007 | American Holistic Medical Association 2007 Conference
425/967-0737, www.holisticmedicine.org , znilova@reflex.at , 26 CME | Portland, OR
Sponsor: Am. College for Adv. in Med. |
| •June 16-23, 2007
Also Oct. 27-Nov. 3, 2007 | Comprehensive Training Course on Acupuncture for Physicians
Dr. Tsun-Nin Lee, et al, 888/882-1330, www.acupuncturecourse.org | San Francisco, CA, 300 CME
Sponsor: Acad. of Pain Research |
| •Oct. 18-21, 2007 | Building Bridges of Integration for Traditional Chinese Medicine
212/274-1079, www.tcmconference.org , info@tcmconference.org | Westfields Marriott, Chantilly, VA
Sponsor: TCM World Foundation |
| •Nov. 8-11, 2007 | Acupuncture Research: 10 Years Post-NIH Consensus Conference
www.acupunctureresearch.org , info@acupunctureresearch.org | University of Maryland, Baltimore, MD
Sponsor: SAR & Univ. of Maryland |

For more events, visit www.medicalacupuncture.org and click on Events Calendar.